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Increased Choice of Leisure Activity breaks for 2012 with HF Holidays including new Tours for Food Lovers and Language Holidays

Tours for Food Lovers, Language Holidays and European River Cruising are just some of the new holidays introduced into **HF Holidays'** expanded Leisure Activity programme – covering both the UK and Europe – for 2012.

The [Tours for Food Lovers](#) are based at Derwentwater in the Lakes and Bourton-on-the-Water in the Cotswolds and include visits to small, independent food producers – cheese makers such as Cotswold Organic Brie, bakeries including the unique Grasmere gingerbread as well as breweries and fruit farms – to learn about the production process and to enjoy some tastings.

Also included in these four-night breaks are short gentle walks in the local countryside. Available on selected dates, the cost is £449 per person, twin-share, inclusive of full board accommodation, the full programme of visits including entrance fees, travel by mini-coach and the assistance of a HF Holidays' leader.

Head to France, Italy or Tenerife on one of the new week-long [Language Holidays](#) – suitable for beginners and intermediate level learners – which include five mornings of language lessons (four hours each morning) as well as optional half-day walks or visits to local places of interest such as Mount Teide (Tenerife) and Pompeii (Italy).

Available on selected dates, the land-only cost is from £649 per person or from £759 inclusive of return flights and transfers. These twin-share prices also include half-board accommodation, 20 hours of language tuition and the assistance of a HF Holidays' leader.

Turning to the European River Cruises, the company is featuring two classic [Discovery Tours Afloat](#) – along The Rhine and The Danube – which combine the opportunity to relax on board, taking in the picturesque landscapes, with shore excursions to charming towns and historic cities.

Other new Leisure Activity ideas for 2012 include Landscape Painting in Water-mixable Oils; Cheltenham Music Festival; Play Violin; The Life & Works of Agatha Christie and an Introduction to Jewellery Making.

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Editor's notes:

- Founded in 1913, HF Holidays is a co-operative society arranging walking, outdoor and leisure activity holidays for 50,000 people each year (for non-members, a £5 associate fee is payable per holiday).
- Options range from guided walking breaks and self-guided trails in Britain to challenging ascents Worldwide. The leisure activities range includes art, music, literature and mind-and-body holidays.
- HF Holidays is the recommended walking holiday partner of the Ramblers, Britain's walking charity (ramblers.org.uk), and supports the work of the Ramblers through membership initiatives and charitable donations.
- HF Holidays has 18 Houses in the UK's National Parks and Areas of Outstanding Natural Beauty as well as independent hotels for overseas holidays.
- HF Holidays' walks leaders who are passionate about walking and keen to share their experience with guests (after passing a rigorous selection course).
- HF Holidays is committed to Responsible Tourism, contributing to environmental projects around the UK – such as footpath maintenance – through its Pathways Fund and supporting local Air Ambulance and Mountain Rescue teams as well as charities in Kenya and South Africa.
- Voted Best Large Tour Operator by Guardian and Observer readers 2010 and 2011, with a 2011 satisfaction score of 98 per cent. Also Best Short Break Operator 2011.
- HF Holidays is a member of ABTOT and is ATOL protected.